



WHO TO CALL:

IWSA PROJECT OFFICERS

9635 8022

9:00 AM to 4:00 PM

Monday to Friday

info@speakout.org.au

Or you may call the following numbers for assistance. They are open 24 hours a day and 7 days a week.

POLICE

000

DOMESTIC VIOLENCE LINE

1800 656 463

If you need an interpreter, please call TIS: 13 14 50

HOW WE CAN HELP:

- Assistance in understanding your situation and options available to you.
- Information on support services such as health, special benefit payment, housing, legal and other areas of concern.
- Support in your decision-making.
- Referral pathways to other services such as crisis accommodation, counselling and legal advice.
- Assistance in communicating with the Department of Home Affairs regarding your experience of family violence.

If you cannot speak English, we can arrange an interpreter for you.

IMMIGRANT WOMEN'S SPEAKOUT

ASSOCIATION NSW INC

DOMESTIC VIOLENCE SERVICE

Homeless Multicultural Women Integrated Support Service (HoMWISE) for Refugee and Migrant Women

Are you scared or have been hurt by someone you live with?
Are you homeless or at risk to become homeless?

YOU CAN GET HELP.



What is domestic and family violence?

Domestic and Family Violence occur when a person uses some form of violence such as physical, emotional, sexual, spiritual, technological, financial, social or cultural to control another person in a current or previous relationship.

Over 98% of cases of domestic and family violence victims are women.

Domestic and Family Violence could include:

- Punching, hitting, slapping, throwing of objects, pushing, using a weapon.
- Threats to hurt or injure a woman or child.
- Constant put downs, humiliating comments in public and at home, being yelled at.
- Comments directed at intimidating or frightening the woman or child.
- Causing injury or harming pets or destroying property.
- Unwanted sexual touching or activities or comments.
- Isolating the woman from family and friends.
- Depriving the woman of basic needs such as money or food.

Domestic and family violence is a crime.

It affects not only you but your children also. Children experiencing and witnessing domestic and family violence can be traumatised throughout their entire life.

You have the right to feel safe.

If you are experiencing domestic and family violence, below are steps you can do:

- Say "NO" to any form of violence.
- Talk to someone you trust.
- Call the Police on 000.
- Get advice from a professional such as:
 - Domestic Violence Line Counsellor at a Community Health Centre in your area.
 - Family support worker at a community organisation.
 - Worker from Women's Domestic Violence Court Assistance Scheme (WDVCAS) at local court.
- Call the police if you are at risk of being injured or hurt.
- Go to either the chamber magistrate at the local court or go to the police station to get an Apprehended Violence Order (AVO) to stop your partner from hurting you.

Other services that can help you:

Dial 000 for your police, ambulance and other emergency services.

DOMESTIC VIOLENCE LINE (COUNSELLING AND ADVICE, 24 HOURS)
1800 656 463

LINK 2 HOME (ACCOMODATION)
1800 152 152

DOMESTIC VIOLENCE SERVICE - IWSA
9635 8022

WOMEN'S LEGAL SERVICE NSW
8745 6999

1800 RESPECT
1800 737 732

LAW ACCESS NSW
1300 888 529

WOMEN'S DOMESTIC VIOLENCE COURT ADVOCACY SERVICES
1800 938 227



www.speakout.org.au